

chill!

Embracing QUALITATIVE RESEARCH

A SEMINAR-TRAINING workshop entitled "From Theory to Praxis: Understanding the Dynamics of Qualitative Research," was conducted last October 14 to 15, 2017 from 8:00 a.m. to 5:00 p.m. at the Lisper Inn, Conference Room 2, Davao City. Carrot Inc., is a company formed by educators and business experts that provides a proactive services that enhances learning and skill capacities among academics, corporate personalities, hobbyists, who intends to upgrade their knowledge in their fields of expertise.



MOOD SPEAK
APPLE GUIAO-ALVAREZ,
RN, MN

The aims of the seminar workshop was to prepare researcher participants with the basic and complex precepts of writing a qualitative paper from design to execution and critical review of the research methodologies employed, with the inclusion of the ethical considerations in data collection.

Dr. Mark Donald Reñosa, RN, MS, DNS, the highly intellectual and humble speaker is the Senior Science Research Specialist of the Department of Epidemiology and Biostatistics of the Research Institute of Tropical Medicine. Also, he is an international research paper presenter and an international visiting professor of Research. He teaches about qualitative research with full of passion, he shares his discoveries about the beauty of exploring lived experiences, he dedicatedly continues to study about the meanings of processes, art of human convictions, significance of struggles and every bit of learnings from joys and pains in a complex world moment by moment.

The seminar-workshop started with Dr. Reñosa sharing about how qualitative research can change ones perspective and the world view. By hear, he presented to the participant's how meaningful is to utilized interviews in exploring the sacredness of everyday life experiences turned into a data that can transform lives of people and can bring change to many. The 2 day seminar provided the participants perfect informative descriptions of what are narrative, case study, phenomenological, grounded theory and ethnographic forms of qualitative research. The learnings are over-

whelming because even multiple books could not exactly define it to the participants better than Dr. Reñosa. Also, there were open constructive dialogues that exemplify aid the participants in tackling research questions in a qualitative fashion, which builds on and extends contemporary knowledge on them.

Some of the participants were from the Ateneo de Davao University, like Christine Grace Fernandez, Anna Liza Saus, Daisy Dianne Laurente, Carlo Gulang, Alreen Arabis, May-mee Olegario, Aurecci Alejandro and Melba Gabuya. Also, Sade Law-ay from Davao del Norte State College, Lucerne Razalo-CMU professor, Sunshine Pauline and Carolyn Arado, a public school principal, attended. Albert Jubillo and Jeffrey Kibitiani, both chemical engineers were also around. Maria Cerrillo Maynopas and Czarina Giangan from DMSF also participated. Velouna Perez-USEP Professor and Connie Domag of CAID also joined the workshop.



GERMAN FILM FEST

SM SUPERMALLS FILL OCTOBER WITH GERMAN MOVIES

MY BROTHER SIMPLE directed by Markus Goller, the festival's opening film, is about two brothers' search for their long-lost father.



GOETHE-INSTITUT Philippine Director Dr. Ulrich Nowak (right) and German Filmmaker Markus Goller graced the opening night of the German Film Week at SM Mall of Asia Cinema.

A carefully selected lineup of contemporary German Cinema, many of which are already receiving numerous awards in international film festivals, highlights the 2017 German Film at the SM Supermalls.

Organized by the Goethe-Institut Philippines in partnership with SM Retail, SM LIFESTYLE ENTERTAINMENT INC., SM Cinema and with support of Film Development Council of the Philippines, the

German Film Week offers a diverse selection of films for audiences, with the goal of promoting German language and Culture.

"We are truly excited to unveil this year's film and new voices to Philippine audiences," said Goethe-Institut Philippines Director and Head of Cultural Programs Dr. Ulrich Nowak. "Whether mainstream, romantic comedies, or micro-budget indies, we made sure our festival attendees will be entertained and pleased.

The German Film Week opening night recently took place at the SM Mall of Asia Cinema 4 with German

filmmaker Markus Goller as its special guest. Goller, who is the director of My Brother Simple/ Sempel, which opens this year's festivities, had a Q & A session after the film's screening. The succeeding film screenings will run from September 28 to October 5 at cinemas at the SM Mall of Asia and SM City North Edsa for Metro Manila.

Aside from the Manila leg, the German Film Week will move on to other Philippine locations: at SM City Clark from Oct 8 to 12; SM City Cebu from Oct 14 to 18; and SM City Davao from Oct 20-24.

The festival will screen 12 films that tackles issues of family, romance, journey, society, terrorism, German history and more.

The opening film My Brother Simple/Sempel, directed by Markus Goller, a film based on French bestseller about two brothers – one mentally handicapped – who try to find their long-lost father. Other family related films include Toni Erdmann directed by Maren Ade follows the story of Winfried and his career woman daughter Ines; and Daniel Levy's The World of Wunderlich about a single mother accompanied by her family on her casting journey.

There are also films about modern romance. Karoline Herfurth's You've Got a Message / SMS für Dich is about love in the digital age; while The Bloom of Yesterday / Die Blumen von gestern by Director Chris Kraus is a love story set in the world of academic discipline. Re-



AWARD winning Filmmaker Brillante Mendoza (right), French Embassy Audio-Visual Attache Martin Macalintal (left) and SM SVP for Marketing Millie Dizon (center). The German Film Week at SM City North Edsa and SM Mall of Asia also features Director Brillante Mendoza's film Captive, which competed in the prestigious 62nd Berlin International Film Festival.

turn to Montauk directed by Volker Schlöndorff relives a great but failed love affair.

The German Film Week also brings us to the world of punk rocker Fussell as he struggles between therapy and real life in Happy Burn-out; and Marija, a young woman who fights to live a freer, self-determined life.

On the other hand, Mark Rothemond's My Blind Date with Life, on the other hand shows how Saliya Kahawatte loses his eyesight, yet succeeds in his career.

There are also films that we can say are ripped from the world headlines. Robert Thalheim's Old Agent

Men / Kundschafter des Friedens is about how Jochen Falk and two further former Stasi agents embark on a dangerous mission to rescue the kidnapped president of Katschekistan; while Welcome to Germany / Willkommen bei den Hartmanns tells the story of Diallo, a Nigerian asylum seeker who is taken in by a family in a posh district of Munich.

German Film Week also presents the screening of Captive directed by acclaimed Filipino filmmaker Brillante Mendoza. Captive will be screened during the week-long festival in SM Mall of Asia and SM City North Edsa. Captive was

screened in competition during the prestigious 62nd Berlin International Film festival, the prestigious Berlinale. This will be followed by a film appreciation video.

"The Brillante Mendoza screening is an addition to this year's program," said Dr. Nowak. "Our goal at the institute has always been to promote cultural exchange between Germany and the countries we support. And this is one way to achieve that goal—to share German features and highlight Filipino creativity."

Tickets to the 2017 GERMAN FILM WEEK are priced at 100Php.

Anxious about ANEURYSM

PART 5

(Foreword: This is the continuation of our response to Macbeth of Generalao regarding her anxieties on aneurysm because her sister has just been diagnosed of this life-threatening disease.)

Dear Macbeth of Generalao,

Now, let's get to how aneurysm will be treated. Here, there are two ways. The right treatment depends on the size and shape of the aneurysm and where it is located in the brain. There is what we call as surgical clipping. This is an open brain surgery. The doctor here will use a metal clip to stop the blood flow to the aneurysm. Then, there is the endovascular coiling. In this procedure, the doctor puts a thin tube into the groin and then, up to the brain to take a ball of wire coils to the aneurysm. In this process, clots would form around the coils to keep the blood from flowing there. These procedures often give wonderful results. But, the cost is really to die for. I remember a story about a patient. The patient dies not because of the surgery that went successful, but, because of the cost of surgery that slashes her mouth in two when she exclaimed "HA?!!!" after hearing the cost of her surgery...hehe.

Then, here's the sad part. We have to deal with this, even if it's certainly sad because the complexities in life needed to be faced head on, even if we don't want to talk about it, or the thought of it shudders our heart and wrecks our brain. So, what if it ruptures? What happens now? The treatment will entail more than what I laid down above. At this point, the treatment may also include an angioplasty. Here, the doctor uses a small balloon to widen a blocked artery. Then, there are drugs which will help with the blood flow, pain, seizures, and vasospasms, or when the blood vessels in the brain suddenly gets narrow. At this point, some people would need surgery to keep the fluid from building up in the brain, which will cause more pressure inside the brain, if not controlled. So, I do really hope that this rupture of the aneurysm would not happen, because it will cause not only much tension and pain in the patient, but, the family as well, but also it will really cost money to drain from the pocket.

Oh, oh, here we go again, we are running out of space, so, let me, continue this in my next issue. Until then!

Dr. Fritz

(Dr. Fritz Legarde Espedilla is an aesthetic dermatologist and surgeon and a clinical sexologist. She is also trained in hypnotherapy and Medical Acupuncture. She has been in the broadcast media for more than a decade and has written a book based on her 15 year stint with her radio program, "Healthy is Sexy Secrets ni Dr. Fritz." She is also a faculty in a College of Pharmacy. For your questions, you may send them to Dear Dr. Fritz, c/o Sunstar-Davao Publications, Ebro-Pelajo Building, Jacinto St., Davao City Department of Foreign Affairs office, across the Davao University and beside Holy Child Davao, or you e-mail them to doktrifritz@gmail.com. If you don't wish your letter to be published that we can not answer them. Thank you understanding.)

MediTalk

Fritz Espedilla



CAPTIVE, directed by acclaimed Filipino filmmaker Brillante Mendoza, was screened in competition during the prestigious 62nd Berlin International Film Festival, the prestigious Berlinale. Screening schedule: Oct. 2 (Mall of Asia) and Oct. 3 (North Edsa).