

NO FOOD WASTE PARTY TIME!

KEY OBJECTIVES

1. **To Create / Increase Awareness of food wastes, Global Hunger and its related problems**
2. **Inspire to be mindful in eating / product consuming practices**

INTRODUCTION

This activity aims to raise awareness of food consumption, efficient use of resources and recycling through games and scenarios. Moreover, students also learn about recycling waste. In these scenarios, a group of friends gathered for a party at home. With the goal of clearing food in the fridge, everything must go. Still, the challenges await, what are they going to do with the leftovers? What action will they take to minimize the waste they created?

GUIDING QUESTIONS

Does food in your household sometimes go to waste - do you think this happens a lot, does it happen with other households, how about in restaurants, markets? why is this an issue?

MATERIALS

Ingredient cards (see template)



CONNECTION TO SDGS



TOPICS

ECOLOGY **RECYCLING WASTE**

CROSS LINKS

SDG 11

KEYWORDS

FOOD WASTE **GLOBAL HUNGER**
RESOURCE MANAGEMENT **RECYCLE**

LEVEL

Early Learner, Primary, Secondary

RESOURCE TYPE

GAME

INTENDED AUDIENCE SIZE

5 - 15 people

MODE OF DELIVERY

Small group

TIME FOR ACTIVITY

30 min.

NO FOOD WASTE PARTY TIME!

TASKS

Introduction (5 Minutes)

1. Instructor divides the students into groups with five members each.
2. Instructor sets the situation to begin the activity.

Round 1 (10 Minutes)

1. Instructor demonstrates how to play the game for learners with the rules of the game as follows:
2. Use no more than 3 cards for each dish.
3. Score 1 point / per dish.
4. Be carefulness, each ingredient has an expiry date. Use them wisely!
5. Allow 5 minutes to complete the activity.
6. Each group of students presents the food they have cooked. If any ingredients are not used, please have them share the reason.
7. Instructor points out which group chose to keep materials that could be stored for a long time. They get an extra point. 1 point/ per card. After that, students calculate their 1st round score.

Round 2 (10 Minutes)

1. Instructor requests the student to turn the card over (only the ingredients used to cook the food). As the other side shows the leftovers from cooking. Then ask what they are going to do with these leftovers? This is their task for the 2nd round.
2. Instructor explains the rules as follows:
 - Leftovers can be divided into 4 categories: organic, glass, paper and plastic.
 - What can students do with these leftovers? With no more than 3 cards per use.
 - Each group is awarded 1 point / per use.
 - If any card is not used, 2 points will be deducted.
3. Allow 5 minutes to complete the activity.
4. Each group present the idea of how to manage the leftovers.
5. Students calculate their 2nd round score. The group with the most points win.

Conclusion

Instructor summarized what they learned from the activity on the following points: Resource management, Recycling, Food Waste, and Global Hunger

FOSTERING DISCUSSION

During the activity, if we use all the cards to get many dishes as possible, can we really eat them all in one meal?

SAFETY INSTRUCTIONS

None

POSSIBLE EXTENSIONS

Students might wish to make their own cards, based on locally available foods, they might make a set that represents the types of foods/products common in Urban households, and a set from rural households and play and compare the games and outcomes with these different packs.

ICON REFERENCES

<https://www.flaticon.com/packs/gastronomy-set?word=cooking>

<https://www.flaticon.com/packs/recycle?word=recycle>

AUTHOR

Silapavet Konthikamee, Institute for the Promotion of Teaching Science & Technology.



Item: Ham
Expired: In 2 Weeks

Leftover



Bone



Item: Fish
Expired: Today

Leftover



Bone



Item: Scallion
Expired: Today

Leftover



Root



Item: Milk
Expired: Today

Leftover



Box



Item: Apples
Expired: In 2 days

Leftover



Seed



Item: Honey
Expired: Next Month

Leftover



Jar



Item: Lemon
Expired: In 5 days

Leftover



Skin

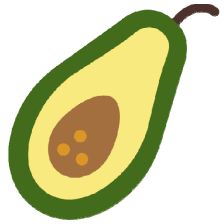


Item: Flour
Expired: Next Week

Leftover



Paper bag



Item: Avocado
Expired: In 2 Days

Leftover



Seed



Item: Beef
Expired: Today

Leftover



Plastic tray



Item: Carrot
Expired: In 2 Days

Leftover



Skin



Item: Chocolate
Expired: Next Week

Leftover



Paper Wrap

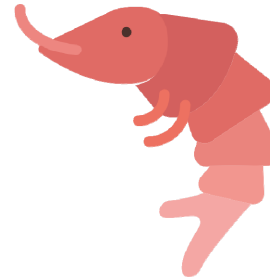


Item: Pasta
Expired: Next Month

Leftover



Plastic bag



Item: Prawn
Expired: Today

Leftover



Shell

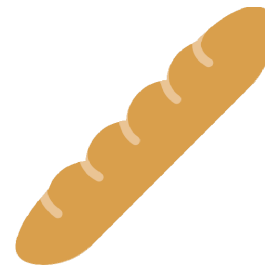


Item: Banana
Expired: Today

Leftover



Skin

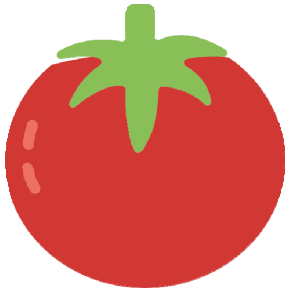


Item: Bread
Expired: In 3 Days

Leftover



Paper Wrap



Item: Tomato
Expired: In 5 days

Leftover



Seed

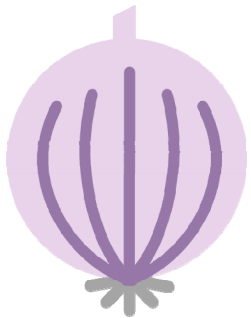


Item: Egg
Expired: Today

Leftover



Eggshell



Item: Onion
Expired: Next Week

Leftover



Skin



Item: Rice
Expired: Next Week

Leftover



Paper bag