

ART & SOUL

Invitation to the German-Nigerian Digital Conference on
Mental Health and Art Therapy

May 6-7, 2021



Programme

Moderation: Mrs. Arit Okpo, journalist, host CNN International's African Voices Changemakers

May 6, 2021

10:00 am Registration

10:15 am **Welcome addresses**

Prof. Akin Abayomi, Honourable Commissioner for Health, Lagos State

Ms Friederike Moeschel, Director of the Goethe-Institut Nigeria

Ms Aduke Gomez, Art4Life

10:40 am **Overview on Treatment of Mental Health Issues in Nigeria**

Prof. Abiodun O. Adewuya, Professor of Public Mental Health at the Lagos State University College of Medicine (LASUCOM); Acting Provost of the Lagos State University College of Medicine

11:15 am **Situation in Germany and Overview of Development of Treatments of Mental Health Issues in the Past 20 Years**

Prof. Dr.med. Dr. phil. Andreas HEINZ (University Hospital Charité, Berlin), past president of DGPPN (German Association for Psychiatry, Psychotherapy and Psychosomatics)

12:00 pm **-Break-**

02:00 pm **Situational Report on Art Therapy in Nigeria**

Dr. Raphael Ogbolu, National Coordinator of the Suicide Research and Prevention Initiative (SURPIN)

- 02:40 pm **Introduction of the Theatre Project SNIPER, a Play about Mental Health, Depression, Love and Suicide**
Mr. Joshua Alabi, playwright and director KININSO KONCEPTS
- 03:15 pm **Situational Report on Art Therapy in Germany and Europe**
Ms Maria D'Elia, Art Therapist and President of the European Federation of Art Therapy
- 03:45 pm **Summary of Day 1 and Time for Additional Questions**
- 04:00 pm **End of Day 1**

May 7, 2021

- 10:00 am Registration
- 10:15 am **Welcome address**
Dr. Olusegun Ogboye, Permanent Secretary, Lagos State Ministry of Health
- 10:30 am **Introduction of the Nigerian organizations Art4Life and SURPIN**
Ms Aduke Gomez
Dr. Raphael Ogbolu
- 11:00 am **Best practice project from Nigeria**
Mr. Kunle Adewale, NGO Arts and Medicine
- 11:30 am **Best practice project from Germany**
Prof. Dr. Kathrin Seifert, art therapist, University Hospital Bonn and Hochschule fuer Kuenste im Sozialen Ottersberg
- 12:00 pm **"On Attending My Own Wake" Book presentation**
Ms Aduke Gomez
- 12:20 pm **Wrap up, future prospects**
- 12:30 pm **End of the Conference**

Please note that the timings are West African Time (WAT) and might vary from your country.