

## Ministry for Health - Lagos State

### **Prof. Akin Emmanuel ABAYOMI**

Honourable Commissioner for Health (Lagos State)

Professor Akin Abayomi is a specialist in Internal medicine, Haematology, Biosecurity, environmental health and Human development. He received his First degree in Medicine at the Royal Medical College of St. Bartholomew's Hospital in University of London, with fellowship from both Royal College of Medicine and Pathology in the United Kingdom and the College of Medicine of South Africa.



Professor Abayomi was the Chief Pathologist and Head of the Division of Haematology at the University of Stellenbosch's Faculty of Medicine Science in 2009 in Cape Town, South Africa. He was also a Consultant at the University of West Indies and University of Zimbabwe. He has been exposed to a vast variety

of geographical variations and disease patterns within the field of Internal Medicine having worked in different countries around the world.

Prof. Abayomi was a member of the African Academy of Science Committee on Data Governance and serves currently as the Honourable Commissioner for Health in Lagos state, Nigeria under the administration of Governor Babajide Sanwo-Olu.

### **Dr. Olusegun OGBOYE**

Permanent Secretary, Health (Lagos State)

Dr Olusegun Ogboye is a Health Systems Development Expert. He holds a first degree in Microbiology from the University of Lagos, and thereafter his medical education from University of Port Harcourt.



He obtained his Master's degree in Public Health from the University of Lagos, and a Post Graduate Diploma in Health Management from the same institution. He is skilled in health systems strengthening, with several years of experience in health program design and management.

Dr Ogboye served as the Chief Executive Officer of the *Lagos State AIDS Control Agency*, which he had helped build from its infancy. He managed the World Bank Funded State HIV/AIDS Program Development Project. He was later appointed MD/CEO at Ebute Metta Comprehensive Health Centre and then MD/CEO at Onikan Health Centre. In his capacities at the health centres, he raised external funding to supplement Government's expenditure in Public Health. Presently, he is the Permanent Secretary for the Ministry of Health, where he is committed to the continuous improvement of the Lagos State Health System and improving health outcomes of the residents of Lagos.

## Participating Experts in alphabetical order

### **Kunle ADEWALE**



Kunle Adewale is an art-in-health practitioner. He is a graduate of Awolowo University, Ile-Ife Nigeria with specialization in Painting and Art History. He studied Civic Leadership from Tulane University New Orleans (USA), Arts in Health for Helping Professionals, Charlotte (USA) and Arts in Medicine at the Arts in Health Research Intensive from University of Florida (USA). Kunle is a certified artist in Understanding Arts and Dementia (University College London, UK), Medicine and The Arts, Humanizing healthcare (University of Cape Town, South Africa), Psychology and Mental Health, Beyond Nature and Nurture, University of Liverpool, Effective Fundraising and Leadership in Arts and Culture, University of Leeds, UK.

Kunle Adewale founded three organizations namely 'Tender Arts Nigeria', 'Arts in Medicine Projects' and 'Arts in Medicine Fellowship'. He facilitates therapeutic art projects for displaced families suffering from post-traumatic stress disorders, prison inmates, children and adults living with cancer, sickle cell anaemia, dementia, mental illnesses, HIV and Aids, Down syndrome, cerebral palsy, autism or other neurological disorders. Kunle Adewale is a Mandela Washington Fellow, and a Senior Atlantic Fellow for Equity in Brain Health at the Global Brain Health Institute (GBHI), University of California (USA). He currently leads the largest Arts in Health Practitioners network in Africa.

### **Prof. Abiodun O. ADEWUYA**



Abiodun Adewuya had his basic medical education at the Obafemi Awolowo University, Ile-Ife, Nigeria. He had his clinical postgraduate training in the same institution.

A fellow of the Faculty of Psychiatry of both the West African College of Physician (FWACP) and the National Postgraduate Medical College of Nigeria (FMCPsych), he has had further postgraduate academic trainings and degrees from the University of Manchester, Kings College London, and London School of Hygiene and Tropical Medicine. He was also a Research Fellow at the Institute of Psychiatry (IOP) in London.

Presently, Abiodun Adewuya is a Professor of Public Mental Health at the Lagos State University College of Medicine (LASUCOM). He is also an Honorary Consultant Psychiatrist at the Lagos State University Teaching Hospital (LASUTH), and serves as the Acting Provost of the Lagos State University College of Medicine.

With over 100 academic publications in reputable journals, he researched on public mental health and maternal mental health. He led research initiatives like *the Lagos Mental Health Survey* (LSMHS) and *Lagos Schools Emotional and Behavioural Health Survey* (LSEBHS). He is the Principal Investigator in the Grand Challenges Canada (GCC) funded *Mental Health in Primary Care* (MeHPriC) project, and also the Executive Director of the Centre for Mental Health Research and Initiative (CEMHRI).

## **Maria D'ELIA**

Maria d'Elia was born in 1963 in Boston/ Massachusetts (USA) to a German family which moved back to Germany in 1969. Currently, she lives and works in Luxembourg.



She graduated with a Master's degree in Art Education, Art History and Psychology from Ludwig-Maximilians-University Munich (Germany) in 1989. In 1990, she did the MA in Art Therapy at Vermont College of Norwich University (Vermont, USA), 1990.

Maria d'Elia is the co-founder and former president, now vice president, of the *Luxembourgish Association of Qualified Arts Therapists* (ALAtD - Association Luxembourgeoise des Arts-thérapeutes Diplômés). She is the former co-coordinator (with Paola Luzzatto from Italy) of the *Network of European Art Therapists* (NEAT) which gave birth to EFAT - *European*

*Federation of Art Therapy* of whom she is a co-founder and current president of the board.

As an art therapist, she has worked in psychiatric clinics in the US, in Germany and in Luxembourg, where she has held a full-time art therapy position since 2003. She has presented internationally and has published several articles and book chapters, among them a contribution about „Art Therapy in Europe“ in the „Wiley Handbook of Art Therapy“ (2015) edited by M. Rosal and D. Gussak.

## **Aduke GOMEZ**

Aduke Gomez utilises her legal and advisory skills to assist in business and creative development.



Commencing her career in legal practice with Udo Udoma & Belo-Osagie, she later worked for many years in various leadership roles within Ecobank Nigeria Ltd and Leadway Pensure PFA. Aduke was appointed to the Governor Fashola Administration of Lagos State in the role of Senior Special Assistant/Secretary to the *Lagos State Hotel Licensing Authority* in 2011. She was also appointed to serve on the Lagos State History Committee and the Lagos Carnival Committee.

Aduke was recently able to combine her interest in Nigerian history with her work as Consulting Producer on the acclaimed Quramo Productions documentary on the history of Nigeria - "Journey Of An African Colony".

Aduke's published collection of poems was featured as a festival book for both the *Lagos Book and Art Festival 2017* and the *Ake Festival 2017*. Her recent children's book "Lost And Found In Lagos" - a collaboration with Biola Alabi Media was selected as one of *Channels TV Book Club Top Twenty Books for 2019*. In 2021, her second poems collection "On Attending My Own Wake" has been published.

She is currently the Chair of the Steering Committee of Art4Life - an initiative of the Lagos State Ministry of Health established to introduce art and the practice of art into the entire healthcare process.

## **Prof. Dr. Med., Dr. Phil. Andreas HEINZ**

Prof. Dr. Andreas Heinz is a German psychiatrist and neurologist. He studied medicine, philosophy and anthropology in Bochum at the Ruhr-Universität Bochum, in Berlin at the Freie Universität Berlin and at the Howard University of Washington D.C.. In 1988, he submitted his dissertation (MD) on Anthropological and Evolutionary Models in Schizophrenia Research at the Ruhr-Universität Bochum.



Prof. Heinz worked as a post-doc at the National Institute of Health, Bethesda, MD. He qualified for professorship (habilitation) in psychiatry and psychotherapy in 1998. In 2013, he obtained a PhD in philosophy *The Concept of Mental Health* at the faculty of philosophy of the Universität

Potsdam.

Since 2002 Prof. Heinz has been the director of the Department of Psychiatry and Psychotherapy at the Charité Berlin. Since 2012, he has been the vice chair of *Aktion für Psychisch Kranke*, an organization for psychiatric reform and humanization. 2010 to 2014, he was the president of the German Society for Biological Psychiatry (DGBP). From 2008 to 2011, Prof. Heinz was the speaker of the Conference of University Chairs of Psychiatry in Germany. Since 2009, he has been a member of the board of the German Association for Psychiatry, Psychotherapy and Neurology.

He is the leader of several research projects including the international research project "Mental Health and Migration".

## **Dr. Raphael Emeka OGBOLU**

Dr. Raphael Emeka Ogbolu studied medicine at the University of Ilorin, Kwara state. He trained in psychiatry at Lagos University Teaching Hospital (LUTH), where he emerged the overall best candidate nationwide in the National Postgraduate College of Medicine of Nigeria Part One fellowship exam in 2004. He thereafter got his psychiatry fellowship (FMCPsych) in June 2008.



Dr. Ogbolu ran a full private psychiatry practice until he was appointed a consultant psychiatrist to LUTH in 2010. He has published several studies in per-reviewed journals covering sleep, suicide and other topics.

He is a member of the Medical and Dental Consultants' Association of Nigeria (MDCAN) LUTH Chapter and was the secretary and chairman of the association between 2012-2016. He is also a member of the Nigeria Medical Association (NMA) and a member of the British Medical Association (BMA).

He is an alumnus of the Administrative Staff College of Nigeria (ASCON) Topo, Badagry and a certified mediator from the Lagos Multi-door Court-House.

He is the National Coordinator of the Suicide Research and Prevention Initiative (SURPIN).

### **Prof. Dr. Kathrin SEIFERT**



Prof. Dr. Kathrin Seifert is a German art therapist. She has worked as a lecturer at the department of Psychiatry and Psychotherapy of the University of Bonn, Germany since 1996.

Prof. Seifert has also taught in several German universities.

In 2018, in cooperation with Prof. Barbara Wichelhaus (Albertus Magnus University of Cologne) and Prof. Wolfgang Maier (University Hospital Bonn), she developed an innovative photo-therapeutic treatment model of inpatients with unipolar depression. For this feat

and many others, Prof. Seifert was awarded the DGPPN of the German Society for Psychiatry, Psychotherapy, Psychosomatics and Neurology the same year.

In 2019, she was appointed as a Professor at the HKS - University of applied sciences and arts in Ottersberg/Bremen.

Presently, she researches on art therapy in-patients with severe mental illness.

Prof. Seifert regularly publishes in various scientific journals.

### **Joshua Alabi**



Joshua Alabi is a storyteller, film and theatre director, creative strategist, content/concept creator, playwright, teacher and consultant. He holds a Master's degree in Theatre Arts and is the artistic director at Kininso Koncepts.

Kininso Konzept, among other works from its stable, has produced 'Queen Moremi-the musical reloaded for the Ooni of Ife and a tour project for the Rule of Law and Anti-corruption Program of the

European Union and British Council in Lagos, Kano and Abuja. Joshua's latest work is titled SNIPER. Commissioned by Goethe-Institut Nigeria, SNIPER is a story about love, family, mental health and suicide. In 2017, Joshua produced and directed two different plays for the UKAID-DFID program, which toured ten different Nigerian states. The UKAID-DFID program stresses on issues around insurgency, domestic violence, unemployment, corruption, impunity etc. He conceptualized and directed 'ImaginationTV' at the 'Junges Schauspiel, Dusseldorf (Dhaus) inspired by Chimamanda Adichie's speech "Dangers of a Single Story" and the film "Beast of No Nation".

Joshua has worked with international and local artists and directors. He has trained over 1000 young people in Nigeria and abroad. His vast experience and skill has connected him to a larger networks on projects in South Africa, UK, Angola, Egypt, Germany, Burkina Faso, Senegal, Netherlands and a few other places.

## The Moderator:

### Arit Okpo



Arit Okpo is a TV host and filmmaker. She hosts CNN African Voices Changemakers, where she tells the stories of the continent's most dazzling trendsetters influencing areas such as music, film, sports, and technology. She is the immediate past host of Untold Facts, a talk show exploring the perspectives and experiences of LGBT people in Nigeria.

Arit has produced documentaries for programs such as the United Nations African Allies Series and the British Council's Creative Enterprise Program. She also produced Jesse, a documentary on a tragic pipeline incident in Nigeria's history.

Arit was the voice talent for Swallow – a documentary on food security in Nigeria produced by the Yar Adua Foundation as well as for Marked, a documentary on Scarification, produced by Naila Media. Arit has moderated many events around the continent for clients such as Trust Africa, the Next Einstein Forum, Ake Festival, the Ford Foundation and Google. She is an experienced panel moderator, able to engage on a wide range of topics and to craft insightful conversations that resonate with her audience.