

# My Life in Lockdown



## FILM

- ▶ **Elli's Little Corona Lesson – Totally Mad!**
- ▶ **Sci-PY Reporter – Be Happy, Stay Healthy!**
- ▶ **The Origin of Quarantine**

## KEY OBJECTIVES

- 1) **Participants will have engaged with the creative act of zine making**
- 2) **Participants will have worked self-reflectively to record and share their individual experiences of lockdown within their own communities, and potentially with a larger SFF community**
- 3) **Participants will be able to engage with, and learn from, the experiences of their peers within the larger SFF community.**

## INTRODUCTION

**From the workshop leader:** We want to hear from you! Like the children in the film Sci-PY Reporter - Be Happy, Stay Healthy!, how have you spent your days in lockdown?

## GUIDING QUESTIONS

During the lockdown over the past year or so:

- Have you started a new hobby or learnt a new skill? Perhaps you have enjoyed cooking or reading, Lego or art?
- Who have you spent your days with? Parents and grandparents, siblings or neighbors? What new games have you learnt, or made up, to play together?
- Show us where and how you have spent your days - which is your favorite room in the house? It could be the kitchen, balcony or the family room?

### TOPICS

21<sup>st</sup> century skills   critical thinking  
 creativity   curiosity  
 personal expression

### KEYWORDS

Storytelling   creativity  
 self-reflection

### LEVEL

Primary School   Secondary School

### RESOURCE TYPE

Activity

### INTENDED AUDIENCE SIZE

Unlimited

### MODE OF DELIVERY

Live online   Take-away individual  
 group activity

### TIME FOR ACTIVITY

60 min.

# My Life in Lockdown



- Look outside and map your locality or neighborhood for us - show us your local market or grocery store or your favorite park or area to play in. How do these areas make you feel? How has your neighborhood changed for you since the beginning of the pandemic?
- How do you like online school? What is the most fun part?
- What do you miss most about being at home?

\*The cues aim to encourage a recognition of the resilience of children through this lockdown period.

These are a few prompts or cues to get you started on your zines. You can answer as many as you like, and even add more prompts or questions of your own. Show us your responses in your zines - you can write, draw, paint, collage. Use a single sheet for each cue. For older children creating digital zines using Canva or similar platforms is also an option.

## MATERIALS/PREPARATION

- A4 paper
- Pencils/pens/colors/collage - any art materials readily available at home
- Digital platforms like Canva for older children

## TASKS/PROCEDURE

- 1 In live sessions online, following the relevant film screenings participants will be encouraged to interact and share some of their own experiences of the lockdown.
- 2 Participants will then be introduced to zines and zine making - an act of documenting, expressing and sharing voices/narratives on the sidelines, using few resources.

- 3 Participants will begin to create their own zines - using simple A4 paper sheets and art materials. Older participants in secondary school or undergraduate programs could also choose to create digital zine pages using Canva or similar platforms they are familiar with.
- 4 They will respond to project cues or prompts to guide them in their zine making.
- 5 At the end of the live session, participants will be encouraged to share what they have created - one page of their zines, or their responses to one cue.
- 6 Participants continue to work on their zines independently post the live session.
- 7 A project poster with instructions and prompts will be shared widely so that viewers may independently watch the related films and participate in the project.
- 8 Once complete, zines can be photocopied and shared amongst families, communities and classrooms.
- 9 Zines to be photographed and submitted to the SFF project team via a google form. Submissions will be shared online via a project Instagram account, crediting and tagging the maker, alongside a project hashtag.
- 10 Product: On an Instagram page for the project, each post could read as one page in a zine of children's lockdown experience.

# My Life in Lockdown



Knowledge  
Through  
Entertainment

## FOSTERING DISCUSSIONS

### For workshop leaders/teachers:

Focus on and give adequate time to the interactive discussion before the activity begins. With each cue or prompt, encourage kids to share their thoughts, experiences and emotions. These sessions are a safe, open and warm space for the children to voice their experiences. Participants should also be able engage with, respond to, and learn from, the experiences of peers within their workshop groups and eventually the larger SFF community.

## SAFETY INSTRUCTIONS

**Be mindful of triggers and be supportive and allow the participants to explore to a degree they are comfortable with.**

## POSSIBLE EXTENSIONS

- 1) Participants are encouraged to make simple, even B&W, photocopies of their zines and share these within their families and immediate communities
- 2) To participate in the collaborative digital project hosted by the Goethe-Institut, participants may photograph or scan the pages of their zines and submit these via a google form. All submissions will be shared online via a project Instagram account, credited to their respective makers and organized using a project hashtag.

## Other Requirements

Person to manage outreach, training, submissions and the final online display

## AUTHORS AND SOURCES

Designed by Alisha Sadikot, The Inheritance Project, India

*At Home*, a children's story of lockdown by author Shweta Ganesh Kumar

*Storyweaver* is an open source online repository of stories by Pratham Books