

# MY ROLE MODELS AND ME



## Preparation

- ▶ Copy role model timeline template for class size.



## Implementation

1. Introduce the topic with the following questions: "What makes a professional role model for you? Success, responsibility, image, money, free time?".
2. Ask about career role models in years past and today.
3. On the template, students note their professional role models at different stages of their lives and their skills.
4. Students form teams of two and introduce their role models to each other. Then they visualize their own skills and write them down in the right column.
5. In the joint reflection, work out what influence the professional role models have on the students' career and study aspirations.



## Reflection Suggestions

- ▶ Which current professional role model do you have and what distinguishes it?
- ▶ Can you imagine this profession for yourself? What skills do you need for it and to what extent do they match yours?
- ▶ Does your role model also have a family? If so, how does your role model balance work and home? How would you like to do it later?
- ▶ Which genders do your role models have from the past to the present? Have you always had role models with the same gender as you, did it change or did it not matter?
- ▶ In what way are your abilities similar to those of your role models? Which characteristics would you like to develop yourself? What do you have to do for this?



## Extensions

Creative Work: Students stage themselves with their talents and interests (e.g., self-portrait, poetry, rap/song, or dance). They present their talents and professional interests to each other.

### Learning Objective:

Reflection on professional role models and their influence on one's own career and study choices. Highlighting one's own talents and personal goals.

**Grade Level:** 7th Grade and up

**Duration:** 45–90 minutes

**Method:** Biography work, Optional: Creative work

**Materials:** Role model timeline (template),  
Optional: craft materials





|           | <b>My Role Model</b> | <b>The Most Important Skills<br/>Of My Role Model</b> | <b>My Most Important Skills</b> |
|-----------|----------------------|---|---------------------------------|
| Present   |                      |   |                                 |
| Age 10–12 |                      |   |                                 |
| Age 5     |                      |   |                                 |